



MONROE COUNTY 4-H Herald

BIMONTHLY NEWSLETTER **July - August 2019**

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Preparing for the 2019 4-H EXPO

The 4-H Pledge

I pledge my HEAD
to clearer thinking.
I pledge my HEART
to greater loyalty.
I pledge my HANDS
to larger service.
I pledge my HEALTH
to better living for my club,
my community, my
country, and my world.



photos by Leslie Murdoch



MONROE COUNTY 4-H



2019 Monroe County 4-H EXPO



4-H GROWS IN MONROE COUNTY

12 P.M. TO 6 P.M. | **ONTARIO BEACH PARK**
50 Beach Avenue (Charlotte)

Learn how 4-H helps youth today become leaders of tomorrow at this interactive, family event.

- 4-H Clubs & Projects | Petting Zoo
- Crafts & Activities | Scavenger Hunt
- Dog Obedience Demos | Food Truck
- Rec On The Move | McGruff the Crime Dog



Meet staff & volunteers from our 4-H, Agriculture, Master Gardener, & Nutrition program areas.

EVENT IS FREE. RAIN OR SHINE.



photos by Leslie Murdoch

The 2019 4-H EXPO will focus on Monroe County 4-H members, their activities & achievements.

(Information on how to qualify for the Great New York State Fair is on page 3.)

Let's show Monroe County families & friends how 4-H benefits local youth in their communities!



VOLUNTEER FOR FUN!

The 4-H EXPO is the marquis event for the Monroe County 4-H Program. Join us in making the event better than ever!

SIGNUP HERE!



SPECIAL VOLUNTEER OPPORTUNITIES

- Teens needed to assist with exhibit evaluations.
- Adults to serve as exhibit evaluators.
- Assist with set-up/tear-down on Sunday, July 14.

- E-mail or call Susan Coyle to volunteer.
- smc226@cornell.edu
- (585) 753-2567



MONROE COUNTY 4-H



2019 Monroe County 4-H EXPO

4-H Projects

4-H EXPO PREMIUM BOOK: Review the guide book & follow instructions for project display. Complete the project form on page 7. Submit to 4-H Office by July 3.
[Link to Guide Book](#)

JULY 11 (Thursday): Preliminary Project Evaluations, 3 - 7 PM, CCE-Monroe Conference Room
Face-to-face judging with 4-H volunteers.
Tell the story of your project & reflect on the process of creating it.

JULY 14 (SUNDAY): 4-H EXPO, 12 - 6 PM, Ontario Beach Park, 50 Beach Ave., Rochester (Charlotte)
Projects will be evaluated, then placed on display at the 4-H EXPO.
Those qualifying for State Fair will be identified.



Leslie Murdoch



4-H Staff



4-H Staff

Location, Location, Location ↓

ONTARIO BEACH PARK

for more information:
monroecounty.gov/parks
585-753-PARK (7275)

Park Staff: 585-509-2827

Monroe County Parks

LEGEND

Scheduled to attend:

- Cloverbud Coop (chickens)
- 4-H Friends - Cloverbuds
- Posh Ponies (rabbits)
- Cosmetology Club
- Mariah Meadows
- Harris Seeds
- Red Dog Café
- Impact Earth
- JAW Acoustic Trio
- Guiding Eyes Puppies
- ROC Animal School
- RFD Fire Safety House
- MC Sheriff Mounted Patrol
- McGruff the Crime Dog
- Webster Robotics Club
- DARE Mustang
- REC on the Move
- + MORE!



Club Notes



HILTON HORSEMEN



Jen Schwab
on Facebook

May 6: Thank you Hilton Horsemen & Manitou Barn family for joining us on Saturday to support our barn-mate Eli Lana's 5K for FA !!! Team Manitou was one of the top fundraising teams that ran in Saturday's race! We are so proud of everyone that walked & ran to support this great cause . ♥

CHURCH HILLS STABLE



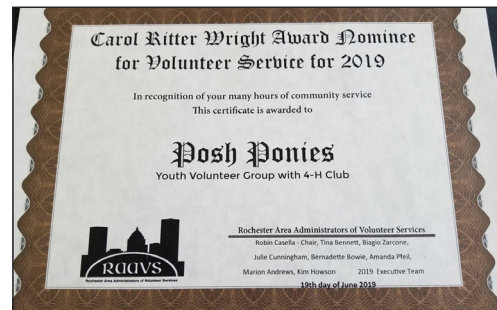
From Facebook, June 10: Lily D. on Lilah

POSH PONIES



Posh Ponies 4-H Monroe County, NY on Facebook:

June 17: Volunteered to help clean up some gardens with the Highland Park Conservancy tonight. Great night to be outside lending a hand! This group always needs help maintaining the huge amount of beautiful gardens throughout Highland Park and is especially interested in getting youth involved in helping out.



Congratulations Posh Ponies!

Posh Ponies 4-H club has been nominated for the 2019 Carol Ritter Wright Award for Volunteer Service by the Rochester Area Administrators of Volunteer Service (RAAVS).

WESTSIDE EXPLORERS

Another fun project for Cloverbuds - water filters!





Club Notes



BUTTONWOOD LIVESTOCK



Monroe County 4-H youth from the Buttonwood Livestock club at start of summer show season with Spring Dairy Preview '19. Kids worked hard, had some fun, saw old friends along with meeting some new ones.

Photos & post by Brenda A. Above, Hope & Faith in Monroe Co. Dairy Promotion Court at the end of a long day of showing. Below, Owen with Freedom.



June was Dairy Month, and Monroe County Alternate Dairy Princess, Faith, celebrated National Cheese Day with Mrs. Adams 1st Grade Class at Village Elementary in Hilton. She handed out string cheese and read the children a story.



BUSY BEES

2019 Mary Cariola Petting Zoo



Theresa Lippa

4-H Public Presentations

May 15: Congratulations Dee & Shamell! Great Job!



photo by Mary Cariola staff

Below: Livingston-Monroe delegation at Career Explorations at Cornell University. The Career Explorations program for teens continues to offer quality experiences to youth from across the state!





THE 2019 GREAT NEW YORK STATE FAIR

Wednesday, August 21 - Monday, September 2

4-H Member Opportunities

Monroe County 4-H will have opportunities for youth to participate in leadership activities at **The Great New York State Fair** between August 21 to 25. This could include a one day trip to teach an activity in our exhibit booth, being a teen leader, or applying to be a junior superintendent.

Clubs are welcome to work together on a hands-on activity to offer in the booth. Contact Susan at smc226@cornell.edu to find out more information.

State Fair Teen Leaders

Teen leaders are sought to support and lead hands-on experiences, contests and evaluations in the Youth Building at the NYS Fair. Teens, 13 and older will receive modest premiums for their work. Youth 11 and 12 may be considered for volunteering, but unfortunately are not eligible to receive premiums. Clubs can also spend a time period in the county booth offering a hands-on activity with adult supervision.

State Fair Teen Leader opportunities may include:

- Jr. Evaluator
- Great Cook-Off Assistant
- Poultry Science
- Robotics
- Shooting Sports
- GPS/GIS
- Dog Booth
- Activity Zone (Formerly hands-on activity leader in the county booth)

If you are interested in serving as a Teen Leader during the period of time that Seneca County is assigned to cover our tri-county booth at State Fair (8/21, 8/22, 8/23 8/24 and/or 8/25) please contact Susan. Teen Leaders are expected to work a total of 4-6 hours per day. If you are interested in serving as a Teen Leader during any other period of time at state fair and can make arrangements for an approved volunteer to transport you and stay with you either for the day or overnight please contact Susan and indicate that you are interested in this opportunity.

If you are interested in animal science knowledge contests, please contact Susan to find out logistics and to register. The deadline for animal entries to the Monroe CCE Office is Friday, August 9th.



I CAN'T
KEEP CALM
IT'S ALMOST
FAIR WEEK



PHOTOS: From top, Hippology team, Katie S., Hope A.



2019 Ryan 4-H Scholarship

Congratulations to Samantha Sorokti, the 2019 Ryan 4-H Scholarship recipient! Sam, a member of the Stirrups to Success 4-H club, will be heading to SUNY Morrisville next month to begin her studies in equine science.

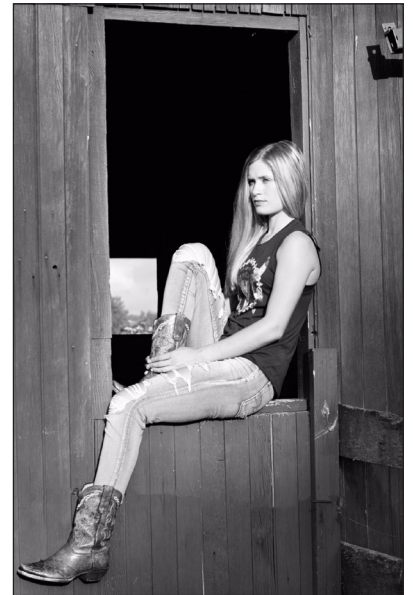
Sam credits her 4-H experience with not only teaching her the care and reward of life with horses, but the hard work, responsibility, and ethic necessary to continue learning about her passion and her community. She has advanced her skills in communicating with others, horsemanship, prioritizing and leadership. Her leadership roles in Stirrups to Success have allowed her to organize club activities, including community service projects that benefited local food cupboards, active military, and animal rescue organizations.



Kate Logan, a volunteer leader with the Stirrups to Success 4-H club who has known Sam for five years, says, "I have witnessed Samantha grow from one of the most determined and responsible teenagers I have ever met, into an accomplished, mature, and promising young woman." Kate also says, "(Sam) has shown a passion and devotion to horses and horsemanship that is very impressive."

Through 4-H, Sam and Walker, Sam's show horse, qualified for the New York State Fair in Dressage and Hunt Seat last year. Despite Walker's disadvantage of a clubfoot, the duo took first place in all three of their Dressage classes leaving Sam with "the ultimate feeling of success!" Sam is very proud of all she and Walker have accomplished together.

The skills and confidence Sam has gained in 4-H, coupled with the satisfaction of continued learning and community service, have prepared Sam for the transition to college student. Everyone involved with the Monroe County 4-H program wish Sam well in her new adventures!



Photos provided



Photo provided

Introducing...

Lori Koenick, 4-H Youth Development Educator

Lori is excited to join the Monroe County CCE team as a 4-H Youth Development Educator! She recently graduated from Cornell University with a Master's degree in Plant Pathology, studying management strategies for different beet diseases seen in New York.

Throughout her studies, Lori developed a passion for Extension, and creating and delivering youth development programming. Her personal interests include trying out recipes, swimming, gardening, reading, and anything to do in the outdoors! She cannot wait to meet and get to know the 4-H community in New York State.



MONROE COUNTY 4-H

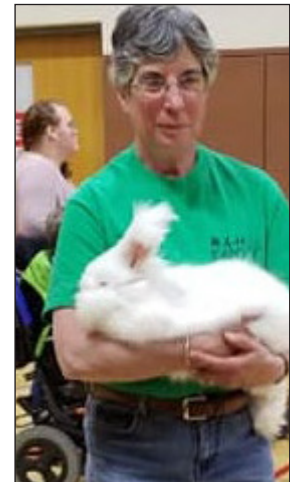


Monroe Co. 4-H Members, Volunteer Honored for Impact on and Advocacy for the Youth in Our Community

On June 17, the Rochester-Monroe County Youth Bureau, with the Monroe County Legislature, honored exceptional youth and adults who serve as youth advocates in our community at the annual Youth Awards ceremony. This year, three members and one volunteer from the Monroe County 4-H program were honored for their impact on & advocacy for the youth in our community.

Volunteer 4-H leader Barb Hull has been involved with the Monroe County 4-H program for over 20 years. Her Cloverbud club, Westside Science & Nature Explorers, formed in 2018 as a way to bring her grandchildren and their friends together, and it serves 25 youth ages 5 to 8 years. The club meets regularly and covers a vast array of topics like public presentations, rocks & geology, building boats for boat races, and more. Youth also have learned about consumerism in support of agriculture literacy.

Barb is an active volunteer who participates in 4-H events and is part of the 4-H Advisory Committee. Recently, she read to a class of second graders for Ag Literacy Week and provided rabbits for the annual Mary Cariola Petting Zoo. Barb is generous with her time and talents, and is an ally to the youth of our community.



Brianna Tindall, a member of the Posh Ponies 4-H club, participates in a number of community service projects. In 4-H, Brianna has presented at the county level in 4-H Public Presentations and was chosen to represent Monroe County at the Finger Lakes District event in March. She also participated in the 4-H Horse Extravaganza contest, which has increased her knowledge of horses and life sciences. Brianna is 8-years-old and does all that she does with a smile!



Ella Bohn is a 4-H horse project member who has participated in a citizenship opportunity with Monroe County 4-H, spending a winter break in Washington, DC with 4-H members from across the country. At home, she is active with her horse at the local and state levels, participating in the state fair horse shows. She also increases her horse knowledge through participation in 4-H contests such as horse bowl and hippology. She also challenged herself this year by participating in the 4-H Horse Communications contest. She has qualified to attend the state contest and has already asked for feedback to improve the presentation that she has created. Ella is 16-years-old.



(continued on page 9)

Photos: From top, Barb Hull (T. Lippha), Brianna Tindall (M. Tindall), Ella Bohn (S. Coyle)



MONROE COUNTY 4-H



Monroe Co. 4-H Members, Volunteer Honored for Impact on and Advocacy for the Youth in Our Community

(continued from page 8)

Owen Avedisian is a 4-H member from Hilton who raises dairy animals and is part of the 4-H Dairy Project. He participates in 4-H Shooting Sports, and has learned the safe use of firearms. Owen and his family also participate in Ag Literacy Week and mentor an incubation and embryology project, both in the Hilton school district. Perhaps most impressively, Owen is a young man who is trying new things and challenging himself. Owen is 11-years-old.



Owen Avedisian (B. Avedisian)

(Article is an excerpt from a press release dated June 25, 2019.

[LINK to release](#))

Introducing...

What's up? My name is Alexander Leonty, a rising junior at the College at Brockport SUNY. I am earning my bachelor's degree in psychology with a minor in history and pre-professional health. Tentatively, I seek to earn my Ph.D. in Industrial/Organizational psychology so that I may engage my community as a player and make change.

This summer, I am serving as an Urban Fellow through AmeriCorps VISTA at the University of Rochester. When I applied for the program, I heard that I would be paired with an organization to better impact the Rochester community. So far, being paired with CCE-Monroe, I have had the opportunity to really feel and understand Rochester, and it has been an amazing experience; I have learned so much!

My project is to empower the youth of Rochester to have a voice in a public presentation showcase, where I may teach curriculum in an interactive format. I love this opportunity because I have the chance to build and develop students' self-confidence, and I also get to facilitate self-appreciation. Many times youth may feel as though their thoughts and opinions are not important, but it is those very unique perspectives that allow our world to ever expand!

I look forward to my remaining time here and seek to challenge myself at every road to better myself and others.



photo provided



UPDATE!

Abundance Food Co-op: Round Up for 4-H!

BACKGROUND: Each month Abundance Food Co-op selects an area non-profit as the beneficiary of its Round Up program, through which customers can round up their purchase total to support that organization. Monroe County 4-H was the beneficiary during the month of May 2019.

RESULTS: The total collected was \$366.09! According to Abundance Marketing Manager Melinda, "That's pretty good, we have been averaging closer to \$200 a month!"

Thank you Abundance Food Co-op and patrons!



MONROE COUNTY 4-H



4-H School Enrichment & Afterschool Programming

RCSD School #2

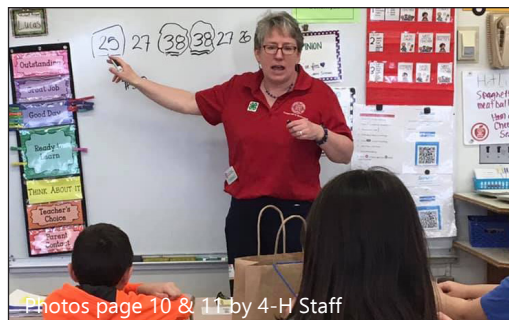


RCSD Exploration Elementary Charter School for Science & Technology

RCSD International Academy



CCCSO Fairbanks Road



Photos page 10 & 11 by 4-H Staff

RCSD School #25



RCSD School #12



RCSD School #29



RCSD School Without Walls





MONROE COUNTY 4-H



4-H Ag in the Classroom @ Bishop Kearney



Bishop Kearney held a ribbon-cutting ceremony to celebrate the launch of a new greenhouse program. The school received a \$15,000 grant from the Genesee Valley Regional Market Authority to build the 10 x 12 foot greenhouse.

CCE-Monroe partnered with the school to offer a pilot program for those students interested in agriculture and horticulture. 4-H educators stepped in to help teach the new curriculum.

The pilot group consisted of 8 students led by biology teacher Ellen Harper. The program was wholly a success, so much so that there are 2 classes being offered, one in the autumn and one in the spring semester next school year. These classes are already full, as 40 students, both juniors and seniors, signed on for the program!

CCE-Monroe Horticulture, Agriculture & 4-H staff look forward to continuing the collaboration next year!



In May, CCE-Monroe and Bishop Kearney High School connected students to the College of Agriculture and Life Sciences at Cornell University. The Plant Science class spent time with members of the Hortus Forum Club, having an awesome experience at Cornell Botanic Gardens Wildflower Garden. What a wonderful culmination to their semester of learning!



Students from the Plant Science Class at Bishop Kearney High School went on an awesome field trip in May!

Kittelberger Florist & Gifts provided a hands-on learning opportunity!



UPCOMING EVENTS

JULY

- 4 [CCE-Monroe closed for Independence Day](#)
- 7-13 [4-H Dairy STEM Camp at Camp Wyomoco](#)
- 14 [Monroe County 4-H EXPO \(p. 2 & 3\)](#)
- 15 [Deadline to enter NYS Dog Contests](#)
- 22-26 [4-H High Tech Camp - Niagara Falls](#)

AUGUST

- 2-4 [Monroe County Fair](#)
- 21-31 [The Great New York State Fair](#)

SEPTEMBER

- 1-2 [The Great New York State Fair](#)
- 2 [CCE-Monroe closed for Labor Day](#)
- 18-20 [Adirondack Adventure Weekend](#)

OCTOBER

- 9-20 [Tractor Supply Co. Paper Clover Campaign](#)
- 14 [CCE-Monroe closed for Columbus Day](#)

THERE'S STILL TIME TO PARTICIPATE!

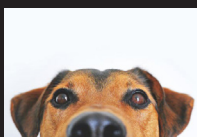
NYS 4-H Dog Video, Photo & Poetry Contests

Entries are due July 15, 2019

[4-H Dog Video Contest Rules](#)

[4-H Dog Photo Contest Rules](#)

[4-H Dog Poetry Contest Rules](#)



Lomker Scholarship

Monroe County 4-H is reopening the application process for the Lomker 4-H Scholarship!

The scholarship was established by Sandra Lomker to support Monroe County 4-H youth attendance at 4-H camps and 4-H educational programs in the equine project area.

For more information & to apply, contact Susan at smc226@cornell.edu or (585) 753-2550 by July 15.

[Lomker Scholarship Application](#)



The Monroe County 4-H Office still has cases of candy bars for Horse Program members to sell to offset some of the program

costs, including the annual awards ceremony and the awards presented. Cases of candy bars may be picked up at the office between 9 a.m. & 3 p.m. Monday through Friday. If you need to set up a different time, please contact staff. Candy bars are \$50 per case.

Questions regarding fundraising? Contact Susan Coyle, 4-H Program Leader, at smc226@cornell.edu or (585) 753-2550.

**CLICK HERE FOR
2019 MONROE COUNTY 4-H
QUALIFYING HORSE SHOWS**

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