

MONROE COUNTY 4-H WEDNESDAY WEEKLY



NOVEMBER 18, 2020

Monroe County 4-H & Nutrition Programs

Staying Active while Staying Indoors

THURSDAY
NOVEMBER 19
6 TO 7 PM
VIA ZOOM

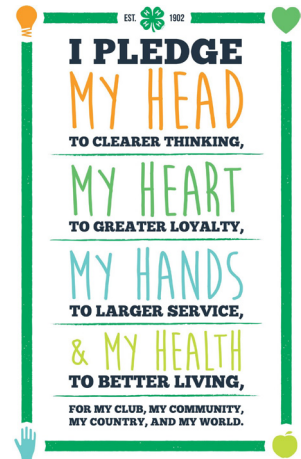
Cornell Cooperative Extension Monroe County

4-H GROWS HERE

SNAP-Ed New York

Thursday, November 19
6:00 PM - 7:00 PM

CCE-Monroe Nutrition Program & Monroe County 4-H Program present SNAP-Ed nutrition educator, Jessica Kouzan, to teach you how to stay active during the colder fall and winter. FREE. Via Zoom. [REGISTER HERE](#)



Garlic Galore Fundraiser!

We've got Seed Garlic & Butternut Squash!

Order today & pick-up
Friday - Nov. 20 from 5 PM - 7 PM
Saturday - Nov. 21 from 10 AM - 12 PM
[Details here.](#)

Supply is limited so order now!
[ORDER HERE.](#)



THERE'S STILL TIME TO JOIN THE 4-H GRATITUDE CHALLENGE

NOV2020
4-H Gratitude Challenge

[View the calendar \(English\)](#)

[Ver el calendario \(español\)](#)

[Download the Thankful Journal](#)

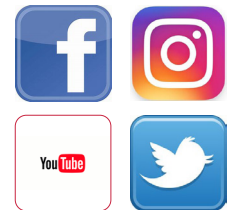
PARTICIPATE IN THE 4-H GRATITUDE CHALLENGE!

Follow us on Facebook for more info!

¡PARTICIPA EN EL DESAFÍO DE GRATITUD 4-H!

¡Síguenos en Facebook para obtener más información!

Monroe County 4-H on Social Media



CONTACT
MONROE COUNTY
4-H Staff

HAPPY THANKSGIVING!
CCE-Monroe Virtual Offices
Closed November 26 & 27

NO WEEKLY UPDATE NEXT WEEK

4-H GROWS HERE

HEAD HANDS HEART HEALTH

MONROE COUNTY 4-H
WEDNESDAY WEEKLY UPDATES
DUE TO THE HOLIDAY

EAT, SLEEP, 4-H, REPEAT.

Cornell Cooperative Extension | Monroe County



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