



MONROE COUNTY 4-H WEDNESDAY WEEKLY

JUNE 24, 2020

Monroe County 4-H on Social Media



TODAY!

HEALTH & FITNESS
Healthy Hearts: Interval Strength
with Monroe County 4-H!



PREMIERING ON
FACEBOOK ON
JUNE 24TH



Cornell Cooperative Extension
Monroe County



HORSE WEEK

JOIN MONROE COUNTY 4-H ON SOCIAL MEDIA FOR FUN FACTS, ACTIVITIES, VIDEOS, IMAGES, AND WRITTEN PIECES

June 21 to June 27

MONROE COUNTY 4-H HORSE WEEK SCHEDULE:

Please register for horse week. These activities will be on Facebook and open to anyone, however, registering will give you special perks. You will receive reminders and be entered to win special incentives.

WEDNESDAY, JUNE 24:
HERE COME THE HORSES

THURSDAY, JUNE 25:
TREATS FOR TROTTERS

FRIDAY, JUNE 26:
THE NAME GAME

SATURDAY, JUNE 27:
THAT'S A WRAP!



Register [HERE](#) by Friday, June 26. Full schedule & descriptions found [HERE](#).

Did you miss the activities from the beginning of Horse Week? Check out our posts on [Facebook!](#)

The HORSE ART CHALLENGE AND CONTEST DEADLINE HAS BEEN EXTENDED TO NOON (12 P.M.) THURSDAY, JUNE 25! Details [HERE](#). Send your horse art to: monroe4H@cornell.edu



Monroe County

4-H Staff

We're working remotely but we're here for you!

Susan Coyle
4-H Program Leader

Mike Dondorfer
AmeriCorps VISTA

Lori Koenick
4-H Educator

Jessica Reid
4-H Educator

Michele Schepisi-Ritchie
Admin Assistant

Wednesday, June 24 @ 6PM



Hour of Code is an introduction to computer science, designed to demystify "code" and show that anyone can learn together the basics to be a maker, a creator, an innovator!

This program is for youth ages 7-12 and requires an adult chaperone to join.



VIRTUAL 4-H DAIRY JUDGING WORKSHOP SERIES

Since we can't get you all together to dairy judge, we are bringing it to your living room! Join Dr. Doug Waterman, Kevin Ziemba and Casey Hinz for a workshop series that teaches you the ideas and concepts of dairy judging across the breeds. Regardless, if you are new to dairy judging or a seasoned judge, these workshops will give you the opportunity to grow as a dairy judge, connect with your fellow dairy judges (via Zoom), and build mastery in your dairy judging skills. Open to all NYS 4-H members, parents, coaches and 4-H Educators.

Join us for four sessions with the first session is will include the how to's and what to look for when judging dairy cattle. Sessions two, three and four you will be practicing judging cattle followed by analyzing them together. Seniors will be able to give oral reasons individually to the instructors via zoom or over the phone to with feedback to grow in their oral reasoning skills.

- Session 1 – June 24- 7:00-8:30PM
- Session 2 – July 8- 7:00-8:30PM
- Session 3 – July 29- 7:00-8:30PM
- Session 4 – August 5- 7:00-8:30PM

Dairy Judging registration and contact information:

You are invited to a Zoom meeting.
When: Jun 24, 2020 07:00 PM Eastern Time

Register in advance for this meeting [HERE](#). After registering, you will receive a confirmation email containing information about joining the meeting.

Questions? Contact:
Jennifer L. Collins | jlrc34@cornell.edu

Health and Fitness



YOGA



with Monroe County 4-H!

FACEBOOK PREMIERE
4 - 4:30 PM ON JULY 8TH

Cornell Cooperative Extension
Monroe County



CCE-Monroe will be closed July 3 in observance of Independence Day

Monroe County 4-H Fair: ZOOMING INTO SUMMER



SUMMER 2020: SAVE THE DATES!

Themed Weeks will present youth ages 5 to 19 with an opportunity to interact with other youth, learn new skills, receive feedback on their creations, and have fun in a safe and supportive environment.

Kick off the fun with HORSE WEEK! Sun, June 21 - Sat, June 27

Week 2: CREATIVE CHEFS!
Sunday, July 5 - Saturday, July 11

Week 3: ANIMAL ADVENTURES!
Sunday, July 19 - Saturday, July 25

Week 4: STEM-STRAVAGANZA!
Sunday, August 2 - Saturday, Aug 8

Week 5: OUTSTANDING OUTDOORS!
Sunday, August 16 - Saturday, August 22

There will be opportunities to participate in challenges, service projects, and fun physical activity!

Please register for summer fair weeks. These activities will be on Facebook and open to anyone, however, registering will give you special perks. You will receive reminders and be entered to win special incentives. Participation will be logged in a special stamp book. We will need your name, email, etc. to keep you updated about summer fair weeks.

Registration coming soon for Week 2.



REGISTER FOR WEEK 1 – 4-H HORSE WEEK [HERE](#).



CONTACT INFO:
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