

#### Cornell Cooperative Extension Monroe County

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# Home Food Preservation Day for the Rochester Community

Just in time for the local produce and home canning season

On Saturday, May 1, 2021, Cornell Cooperative Extension of Monroe County (CCE-Monroe) will host their 1st annual Home Food Preservation Day! To be held at the CCE-Monroe location 2449 Saint Paul Blvd, ¼ mile north of the Seneca Park Zoo entrance, this outdoor event will feature a canning supply sale, pressure gauge testing, and on-hand canning experts. The CCE-Monroe team will be on site to provide U-Pick information, gardening tips, healthy recipes, and maybe even some thimbleberry cuttings. This is a one-day only event; 9:00am-1:00pm.

### Plan ahead for the canning season. Buy Mother's Day gifts!

The Rochester community has been experiencing a shortage of canning jars and pectin since last summer. We took action during the winter by securing supplies. We're happy to support our home canning enthusiasts by offering for sale: Ball canning jars (4 oz, 8 oz, pint), Sure-Jell regular pectin, Sure-Jell low sugar pectin, Ball Blue Books, Home Preservation books with recipes and techniques, and water-bath canners. 4-H Youth Development will be on hand with a free Mother's Day gift gardening activity.

#### Pressure Canner Checks & Gauge Testing.

Pressure Canners and gauges should be checked each year to ensure low-acid vegetables and foods are being home preserved safely. CCE-Monroe is happy to offer gauge testing at no charge during **Home Food Preservation Day**.

## Ask the Experts.

Certified Master Food Preservers will be on-hand to answer questions about the seven methods of home food preservation the Rochester community uses: canning, pickling/fermenting, dehydrating, smoking/curing, freezing, cold storage and refrigeration. Bring your questions or come to just talk with others who also enjoy preserving food. Specialists from each of our program areas - Nutrition, Agriculture, Horticulture, Master Gardeners, and 4-H Youth Development will be providing resources, information, and demonstrations to

support your home gardening endeavors.

Pick up Canning Tips, Tricks and Reminders.

There will be free hand-outs providing sanctioned websites for safe canning reference and web address links to video tutorials.

We look forward to supporting Monroe County and our Rochester community with all your canning and gardening needs. We'll see you on Saturday, May 1st from 9:00am-1:00pm!

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