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# FERTILIZING ESTABLISHED VEGETABLE GARDENS

Standard pre-plant fertilizer applications usually provide plants with nutrition needed for the complete growing season. Some crops do benefit from side dressing or the addition of fertilizer during the growing season. Irrigation and rainfall leach nitrogen from the soil, so additional nitrogen can be applied to encourage good growth, development, and higher yield.

Phosphorus and potassium are not subject to leaching, and, therefore, a complete fertilizer is not necessary. It is more convenient to purchase a complete fertilizer, but nitrogen sources do exist in convenient consumer packages.

Table 1 lists sources of nitrogen fertilizer and the rate of application per 100 square feet. When fertilizing established gardens, take care not to have dry fertilizer come in contact with the foliage. Deep incorporation of fertilizer is difficult and can injure established root systems. Apply the fertilizer at the recommended rate, rake it into the upper two inches of soil, and water the garden to move the fertilizer down into the root zone. When possible, dissolve the recommended amount of fertilizer in water and then apply to the soil. It may be convenient to apply the fertilizer in two gallons of water, covering 100 square feet.

Table 1 Nitrogen sources

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fertilizer	analysis	Ounces suppling 3.5 oz. of N/100 ft <sup>2</sup>	release rate	comments
Urea (synthetic)	46-0-0	7.5	rapid	Inexpensive, concentrated, may be difficult to apply
Calcium nitrate inorganic	15.5-0-0	23	rapid	Can help raise pH
Ammonium sulfate (inorganic)	21-0-0	16.5	medium	Can help lower pH. Used for acid loving plants
Blood Meal (natural organic)		29	Medium- rapid	Readily available
Corn gluten (natural organic)		35	slow	Expensive
Cotton Seed Meal (natural organic)		58	Slow- medium	Can help lower pH. Contains P & K
Sodium Nitrate (natural organic)		22	rapid	Avoid high rates

## Table 2 - Time of side dressing of vegetable crops

Asparagus and rhubarb End of harvest season

Beets 4" tall
Bean In bloom
Crucifers (cabbage, Leaves 4-6"

cauliflower)

Carrots, parsnips 4" tall Celery 4" tall

Cukes and melons When vines spread

Eggplant Fruit set
Lettuce and endive 4" tall
Peppers Fruit set
Potatoes When 8" tall

Pumpkins, squash, gourds When vines spread

SpinachWhen 3" tallSweet CornWhen 8" tallTomatoesFruit setTurnips4" tall

#### MID-SEASON FERTILIZER RECOMMENDATIONS FOR ESTABLISHED VEGETABLES

(Always take a soil sample prior to planting and prior to the addition of lime, fertilizer or soil amendments)

## After July 1

#### If Nitrogen is low:

A complete fertilizer (one which contains nitrogen, phosphorus and potassium) is not effective at this time.

Plants can benefit from additional nitrogen. Mix the recommended fertilizer in 2 gallons of water to cover 100 square feet.

If soil pH is: <6.5 apply: ½ lb of calcium nitrate (16-0-0) per 100 sq.ft.

### After July 1

#### If Nitrogen is high:

A complete fertilizer is not effective at this time.

Plants can often benefit from additional nitrogen mid-season; however, if the nitrogen level of your soil is high, do not add fertilizer at this time.

Mid-season recommendations end after the first of September and only preplanting spring recommendations should be given.

Reviewed 4/13, 6/16 Walt Nelson

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