



MONROE COUNTY 4-H Herald

MONTHLY NEWSLETTER

March 2020

Monroe County 4-H Steering Committee

The 4-H team values your input as we forge ahead with offering programming to support Monroe County youth and their families.

Please save the following dates:

Tuesday, April 28th

Tuesday, August 11th

Tuesday, November 10th

**We will plan to meet
from 6:30 to 8:30pm.**

As of now, we will hold all meetings at the CCE-Monroe Office, but hope that we outgrow that space and find another location!

4-H Believes in Connecting Kids to Agriculture AGRICULTURAL LITERACY WEEK 2020

A successful collaboration between Monroe County Farm Bureau, Monroe County 4-H, and New York State Agriculture in the Classroom allows Monroe County second graders to participate in the nation-wide event known as Agricultural Literacy Week. The event includes a book reading and an educational, hands-on activity that helps to connect agriculture facts to second grade students.

The program is executed by having volunteers read aloud the chosen story for the year. The 2020 book is called "Right This Very Minute: a table-to-farm book" by Lisl H. Detlesen. Agricultural Literacy Week is March 16 - 20.

The book demonstrates how the food we serve on the dining room table goes through an entire process called food production before entering the doors of the home. Most often, the concept of a farm is animals such as horses, pigs, and chickens, and large colorful fields. The components discussed within the book explain how farmers plant, grow, harvest, transport and process the product. Usually, consumers do not think a lot about what goes into how vegetables and meat are harvested and produced by farm workers in order to provide healthy, naturally grown crops, meat, and dairy products to their families.

You may support this educational program by registering as a volunteer to read, be present for support, or encourage new members of the community to volunteer. In lieu of volunteering, you have the option to help by sponsoring a book to a specific second grade class or let the 4-H team choose where the book will be placed. More info on reading or donating is at right. ▶

Regardless, if you volunteer or donate a book, the goal is to educate community youth and be part of a successful event. Youth are the future of our communities, so the hope is that the positive impact will be long-term.

This press release is abridged. See the full press release [HERE](#).

2020 Agricultural Literacy Week Monday, March 16 through Friday, March 20

Now in its 15th Year, Agricultural Literacy Week has helped to bring agriculturally themed books and resources into thousands of classrooms and libraries throughout New York State.

In celebration of New York agriculture, the Monroe County 4-H team will read a book with an agricultural theme to youth of all ages. Attendees will also benefit from hands-on activities.

How Does Agricultural Literacy Week (ALW) Work?

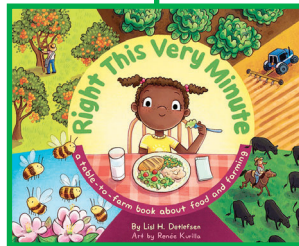
The book will be donated to the school or classroom library with a bookplate recognizing the donor and NY Agricultural Literacy Week. 2,300 books were donated last year while 75,000 elementary students participated in an experiential learning activity.

Would you like to fund the purchase of one or more books?

The books are \$12 each and will be donated to the school library or classroom after being read. Use the book order form [HERE](#), or contact Susan Coyle at smc226@cornell.edu if you have questions. Donors will be recognized on a special bookplate. You may choose to have your donated book sent to a specific school, or you may volunteer to read it yourself at your local school.

VOLUNTEER TO READ TO A SECOND GRADE CLASS [HERE](#).

(Registration deadline extended to Friday, March 6th)





Cornell Cooperative Extension
Monroe County



monroe.cce.cornell.edu
smc226@cornell.edu

The Monroe County 4-H Ag in the Classroom Program is seeking schools and afterschool programs with which we can connect.

Programming is flexible and can be designed to meet a variety of needs. A small sample of ideas includes connecting youth to where their food comes from, exploring how technology is part of the agricultural field, and connecting youth to agricultural careers.

Please share the following contact information:
Susan Coyle, 4-H Youth Development Educator,
smc226@cornell.edu or 585-753-2567

Attention Teachers:

PROGRAMS SCHEDULED:



April 2020

The Cycle of Water (Grades K-6)

Cost per classroom: FREE

Water is vital to survival on earth. Youth learn about the water cycle by using beads to follow the journey of water as vapor, in clouds, as rain and more. Program duration is 30-45 minutes.

May 2020

Seed Germination (Grades K to 8)

Cost per classroom: \$5

Seeds come to life through germination. Students will make a seed germination necklace and use their body heat to help a seed germinate. Youth will learn the parts of a seed and what they need to germinate. For older students we can delve into photosynthesis and the structures of the new plant! Program duration is 30-45 minutes.



June 2020

The Buzz About Bees (Grades K-6)

Cost per classroom: FREE

Create a "buzz" in your classroom this June with 4-H Ag in the Classroom! Your students will learn all about bees in this fun, hands-on lesson. Students will learn to identify bees that can be found in their neighborhood, and try their hand at becoming pollinators, as they discover how bees play a crucial role in our local agriculture and ecosystem. Program duration is 30-45 minutes.

Plant Tops and Bottoms



stock photo

You may already know that carrots are roots, but did you know that broccoli is a flower? Students will explore the major parts of plants where we get our food—roots, stems, leaves, flowers and fruits!

Using the story "Plants Tops and Bottoms" by Janet Stevens, students will learn to distinguish if certain foods we eat are produced on the top or bottom of a plant, and identify where fruits and vegetables belong on a MyPlate diagram. At the end of this lesson, students will be able to list several delicious and healthy "tops", "middles", and "bottoms" to eat!



photos by 4-H staff



Conifers! Students learning about conifers at Exploration Charter School of Science & Technology (above) & RCSD School #50 (at left).

COMING SOON!
4-H Mighty Monday
MARCH
Agriculture Literacy Week Event

2020 Agricultural Literacy Week begins Monday, March 16 and runs through Friday, March 20

We are excited to feature a book that displays the unique markets and diversity that encompasses many aspects of New York's agriculture while also focusing on food production and how consumers contribute to agriculture.

Registration required. Register [HERE](#).

Date: Monday, March 16, 2020

Time: 6 to 7:30 p.m.

Cost: \$5 supply fee

Location:

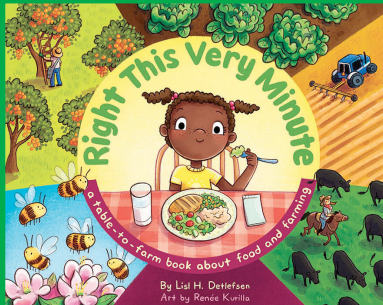
The Kessler Center
402 Rogers Parkway
Rochester, NY 14617

This Year's Book:

Right This Very Minute

Written by Lisl H. Detlefsen
Art by Renée Kurilla

A table-to-farm book about food and farming highlights the story of agriculture with vivid illustrations and a community-centric storyline. Students will understand the importance of agriculture as an economic driver in communities across New York, and develop an awareness for where their food comes from and its journey.



APRIL 24 - 26, 2020

32nd Annual
Birds Of Prey Days Festival

Please join [Braddock Bay Raptor Research](#) for a week-end FULL of celebrating raptor migration.

There are volunteer opportunities for 4-H youth for the festival.

Braddock Bay volunteer opportunities include:

32nd year of Birds of Prey Days

Theme: *What is One Thing I Can do?*

1. Participate in a skit with Nick Hadad, a costumed raptor. The raptor will be all tangled up in plastic netting and the kids will work to set him free, band him, etc.
2. 200 native plantings have been ordered, volunteers are needed to wrap them (after 4/23) with biodegradable wrap
3. Native seeds & plantings will be put into paper envelopes with "1 thing you can do" labels. Carol can use help with a presentation around the plantings and help covering the table.

Full schedule of events TBD!

<https://brr.org/bird-of-prey-days/>



THERE'S STILL TIME TO ORDER!

NYS DEC/Cooperative Day-old Pheasant Chick Program



stock photo

Day-old Pheasant Chicks are available to be raised and released this spring. For detailed information on how to raise these birds, please visit: on.ny.gov/1Jl4fir

PHEASANT PROGRAM VISION

To meet the current and future needs of people for pheasant hunting, observation, and educational opportunities within biological constraints and consistent with available funding.

This is a great way to learn more about wildlife management strategies. To order pheasant chicks, please click [HERE](#).

For more information, please contact Susan Coyle at smc226@cornell.edu by **March 20, 2020**.



SPECIAL EDITION:

Monroe County 4-H Horse Program Important Information for 2020

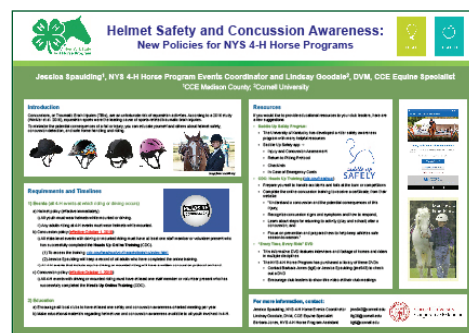
Helmet Safety and Concussion Awareness: New Policies for NYS 4-H Horse Programs

NYS 4-H Concussion policy (effective October 1, 2019):

All 4-H events with driving or mounted riding must have at least one staff member or volunteer present who has successfully completed the Heads Up Online Training (CDC). **THE TRAINING NEEDS TO BE COMPLETED FOR DRIVING OR RIDING EVENTS.**

Concussions, or Traumatic Brain Injuries (TBIs), are an unfortunate risk of equestrian activities. According to a 2016 study (Winkler et al. 2016), equestrian sports were the leading cause of sports-related traumatic brain injuries. To minimize the potential consequences of a fall or injury, you can educate yourself and others about helmet safety, concussion detection, and safe horse handling and riding.

CLICK PICTURE AT RIGHT TO VIEW THE FULL POLICIES DOCUMENT. ▶



2020 Monroe County 4-H Qualifying Horse Shows

<u>DATE</u>	<u>SHOW</u>	<u>LOCATION</u>	<u>DISCIPLINE</u>
5/2/2020	Mariah Meadows	Mariah Meadows, Spencerport	Gymkhana
5/16/2020	Church Hills Stable	Church Hills Stable, Hilton	Open Western & English
5/30/2020	Mariah Meadows	Mariah Meadows, Spencerport	Gymkhana
6/7/2020	Troyers Canter for Care	Orleans Co. Fairgrounds	English
6/7/2020	Genesee County Open Show	Genesee Co. Fairgrounds	Open
6/13/2020	Church Hills Stable	Church Hills Stable, Hilton	Open Western & English
6/20 - 6/21/2020	Classic Horse Show	Genesee Co. Fairgrounds	
6/21/2020	Mariah Meadows	Mariah Meadows, Spencerport	4-H Gymkhana Qualifier
6/27/2020	Troyers Canter for Care	Orleans Co. Fairgrounds	Open
6/27/2020	Mariah Meadows	Mariah Meadows, Spencerport	Gymkhana
7/11 - 7/12/2020	Classic Horse Show	Genesee Co. Fairgrounds	
7/11/2020	Mariah Meadows	Mariah Meadows, Spencerport	Gymkhana
7/18 - 7/19/2020	City View Equestrian Series	City View Equestrian, Bloomfield	Jumping
8/15/2020	Wayne County Fair Open Show	Wayne Co. Fairgrounds	Multiple

***Other shows may qualify, please contact the 4-H Office for approval.**



stock photo

Orleans County Schooling Horse Show

Sunday April 26, 2020 | Rain or Shine
 Orleans County Fairgrounds | 12690 Rte 31, Albion, NY
 Questions call 585-798-4265
 To reserve a stall, contact shellydaggs@gmail.com
 Registration info found [HERE](#).

**PROJECT HORSE
FORMS AND 2020
RABIES/COGGINS
CERTIFICATIONS
ARE DUE
MAY 1, 2020
TO THE 4-H OFFICE
AT 2449 ST. PAUL
BLVD., ROCHESTER,
NY 14617**

Important Horse Program Forms

Did you know?
All of the important forms required for the Monroe County 4-H Horse Program are located on our website [HERE](#) including:

- **PROJECT HORSE FORM**
- **HORSE PROGRAM EDUCATIONAL PROGRAM**
- **PARTICIPATION REQUIREMENTS**
- **HORSE PROGRAM NYS FAIR HORSE SHOW REQUIREMENTS**



Monroe County 4-H Qualifying Gymkhana Horse Show

WHEN →

SUNDAY, JUNE 21, 2020
9 A.M. - SIGN-UP | 10 A.M. (sharp) - START TIME
2019 or 2020 Negative Coggins required

WHERE →

MARIAH MEADOWS FARM
5424 RIDGE ROAD WEST
SPENCERPORT, NY

DIVISIONS →

4-H JUNIOR - 8-13 years old as of 01/01/2020
4-H SENIOR - 14-18 years old as of 01/01/2020
OPEN - Older than 18 years of age

CLASSES
Each class will have a 4-H Junior
4-H Senior, & Open division

1. Bleeding Heart
2. Texas T
3. Quadrangle Barrels
4. Figure 8 Barrel Race
5. Straight Line Barrels
6. Pole Bending
7. Key Hole Barrels
8. Cloverleaf Barrels

All riders must wear approved helmets.



\$20 Ride All Day
ALL Riders must wear an Approved Helmet.

More info: Mariahmeadows@aol.com | 585-352-4449

Cornell Cooperative Extension | Monroe County

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

Please contact the Cornell Cooperative Extension of Monroe County office if you have any special needs.

LIVINGSTON COUNTY 4-H OVERNIGHT HORSE CAMP

Sunday, June 28 – Thursday, July 2, 2020

Registration Timeline:

- March 1st – Registration Open to 4-H Members of Other Counties (if needed)
- April 1st – Registration Deadline
- April - Camp packets mailed to campers
- April 30th – Deadline to submit completed camp packet and balance of \$200

Although camp is one day shorter this year the balance will remain \$200 due to increased catering costs per day for 2020.

Full registration form is [HERE](#).



stock photo



Looking Forward: 4-H Sewing Camp!



4-H and the American Sewing Guild are together offering a beginner-friendly sewing camp for kids, ages 9-15 years. Sewing is a great way for kids to express themselves and to experiment with their creativity. Making a wearable or usable item allows everyone to feel success, building confidence and self-esteem. Oh, and did we mention it can be fun too!



stock photo

The sewing camp will be beginner and intermediate friendly. Students will learn to use a sewing machine and make multiple projects that they can show off to friends and family. We will work on projects including small bags, a pillowcase, a drawstring back pack, and PJ pants. The projects include a community service project the kids will give away they are done.

At our sewing camp, we will have a student to teacher ratio of 1:1 as the hands-on nature of our sewing camp means that students will use needles, pins, scissors, sewing machines and irons. Safety is of the utmost importance at our sewing camp and we follow strict rules to make sure our camp is as safe as possible. We are excited to teach your children the important life skill of sewing this summer!

Cost: \$100, includes all fabric/supplies. Sewing machines are provided free of charge during camp.

Date: July 20th - 24th 10 a.m. - 4 p.m. | **Location:** Discount Sewing Center, 475 East Ridge Rd., Rochester, 14621

**Cornell Cooperative Extension
Joint Regional Conference**

Emergency Preparedness For Pets & Animals

Sessions Include:
Animal Disease Updates
Planning for Pets
Developing an Emergency Plan for your Animals

March 14 — 8:30 - 4:00 p.m.

Cornell Cooperative Extension of Ontario County
480 North Main Street • Canadaigua, NY 14424
Free for preregistered 4-H Club Members, Students ages 13-18, & their parents \$5 at the door

Register online at cceontario.org or call 585-394-3977 x 428

This is a joint program of the 4-H Programs of Cornell Cooperative Extension of Ontario, Livingston, Yates, Monroe, Steuben, Schuyler, Genesee, Seneca, and Cayuga Counties



**Church Hills Stable 4-H Club
2/25/2020:**

What a great night to learn about 4-H opportunities by playing 4-H Trivia at a Church Hills Stable 4-H Club meeting!

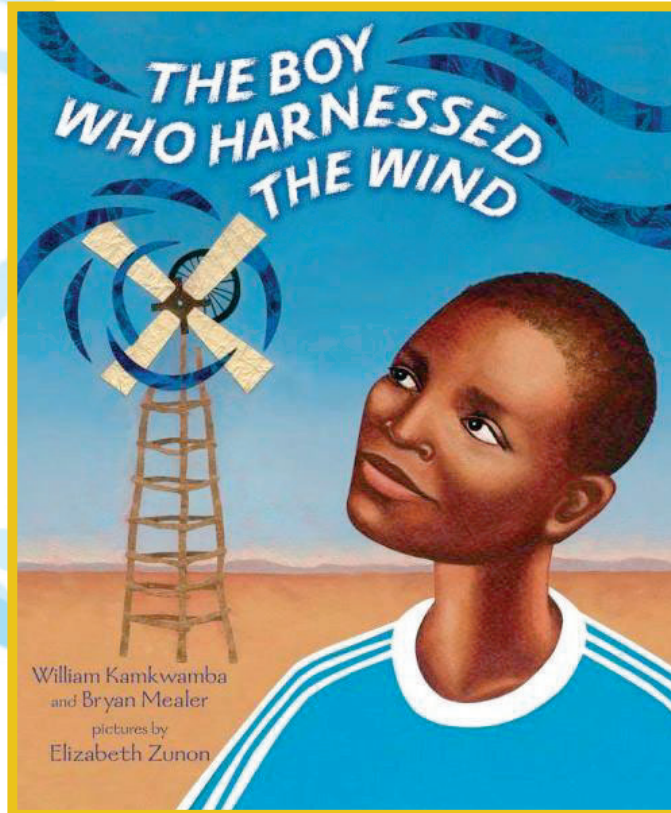
Watch for these young people making a difference in their community, riding horses, and participating in fundraisers and 4-H promotional activities!

#4HGrowsHere #ThisIs4H #4HClubs

Photo by Susan Coyle



FREE
EVENT!



MONROE COUNTY READS *Kickoff*:
The Boy Who Harnessed the Wind

Thursday, April 23, from 6 - 7:30 pm

at the **Exploration Charter School**, 1001 Lake Ave., Rochester, NY 14618

Join us as we invite all of Monroe County to explore stories, wind, turbines, arts, crafts, pizza, and prize drawings.

The Boy Who Harnessed the Wind is a remarkable true story about human inventiveness and its power to overcome crippling adversity. It will inspire anyone who doubts the power of one individual's ability to change his community and better the lives of those around him.

All families are welcome.

For more information call the Children's Center at the Central Library: 585-428-8150



Monroe County
Library System
www.libraryweb.org



Cornell Cooperative Extension
Monroe County



Adam J. Bello
County Executive

International 4-H Japanese Exchange Program



Experience the richness of the world without leaving home! NYS 4-H sponsors Japanese youth ages 12 - 17 for one month between July - August. These eager Japanese youth want to experience American culture, make new friends and improve their English by staying with your family.

FOR MORE INFORMATION

Email NYS IE Coordinator Autumn Lavine at aml85@cornell.edu or visit nys4-h.org/international-exchange



2020 National 4-H Beekeeping Essay Competition:



Submission Deadline: April 1, 2020

Sponsored by:

Foundation for the Preservation of Honey Bees

Topic: Overwintering: Bee Survival through the Cold Season

Honey bees have developed special skills to overwinter in the United States. Please discuss one of these skills and then include a discussion about what you do to prepare your hives for winter. Include a photo of one of your hives, either using infrared technology or showing winter wrap, hay bales, special feeders, etc. to demonstrate how you prepare your hives for winter.

Eligibility: The 2020 National 4-H Beekeeping Essay Competition is open to active 4-H Club members only.

Full Details are found [HERE](#).



SAVE THE DATE

The 4-H EXPO will take place at Ontario Beach Park on July 12, 2020.

Join us as we highlight the accomplishments of our 4-H members. Learn about all that 4-H offers and how to create your own 4-H experience!

The event will include giveaways and hands-on activities, as well as demos by members of our 4-H clubs. The pillar areas of STEM, Healthy Living, and Civic Engagement will be highlighted.



Last year's event included a Petting Zoo, face-painting, Robotics demos, & Rec on the Move! This year we'll have even more fun!

More information to follow soon.

All Monroe County 4-H clubs are encouraged to attend.



Monroe County 4-H at the Four Seasons Farm Tour, Schutt's Apple Mill, February 2020 (below)



photos by CCE-Monroe staff

