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**Monroe County 4-H Presents “4-H Camp Day: Make, Munch & Move!”
Six Hours of Free Hands-on Learning & Fun in Seneca Park**

The Cornell Cooperative Extension of Monroe County (CCE-Monroe) 4-H Youth Development Program will be holding “4-H Camp Day: Make, Munch & Move!” on Monday, August 30th, from 9:30am to 3:30 p.m, at Wegman Lodge in Seneca Park. This free program for youth ages 8-12 entails six-hours of learning and doing through fun, engaging hands-on activities. Participants will work together to make a healthy lunch, create calm jars, and play fun games such as balloon-a-palooza, stretch-as-if, and an under-the-cone relay race.

Registration is free and open to youth ages 8-12. Please [register here](#) by Wednesday, August 25 or visit <http://monroe.cce.cornell.edu/events>. This program requires an attendance minimum to run.

This program is funded by the 4-H Healthy Habits program, sponsored by the Walmart Foundation and developed in collaboration with the National 4-H Council.

The Monroe County 4-H Program is offered through Cornell Cooperative Extension to the youth of Monroe County. 4-H is a worldwide youth development program open to all youth ages five to 19 who want to have fun, learn new skills, and explore the world. Learn more at <http://monroe.cce.cornell.edu/4-h-youth-development>.

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Photo: National 4-H Council

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