



MONROE COUNTY 4-H Herald

NEWSLETTER

September 2019

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The 4-H Pledge
I pledge my HEAD to clearer thinking.
I pledge my HEART to greater loyalty.
I pledge my HANDS to larger service.
I pledge my HEALTH to better living for my club, my community, my country, and my world.



Re-enrollment Time!



MONROE COUNTY 4-H



It's Re-enrollment Time!

Complete & return your paperwork by 10/01/2019

Re-enrollment for the 2019-2020 4-H year is underway! Member re-enrollment packets for Monroe County 4-H will be sent early September. Re-enrollment forms for volunteers will also be sent.

Please verify the details on your information sheet and correct for any changes. Make sure you read, complete and sign each section. Enclose a check totaling the number of member re-enrollments multiplied by \$15 and return the entire packet by mail. Please do not send cash through the mail.

If you prefer to drop-off your packets, please do so between 9 a.m. & 3 p.m. Monday through Friday. Those who drop-off may pay via cash, check or credit card during office hours. If you are unable to visit during office hours, there is a drop-box and payment slot on the enclosed porch of the CCE-MC building.

There will be a \$5 late fee per child if paperwork is received any time after November 15, 2019. Youth will be asked not to participate after January 1, 2020 if their paperwork has not been turned in.



If you have questions about your re-enrollment packet, please contact the 4-H Office at monroe4H@cornell.edu or 585-753-2550.



Re-enrollment checklist:

- Corrected information sheet
- Signed consent forms
- Enrollment payment
- Stamp envelope & mail
OR
Drop off at CCE-MC

HERE'S TO ANOTHER FANTASTIC 4-H YEAR!



MONROE COUNTY 4-H



New requirement for volunteers: Sexual Harassment Training

Hello CCE-Monroe Volunteers,

I'm sure you would agree that a culture that stresses both respect and accountability is a culture that feels safe. We all want to promote and experience safety while we work and play. In an effort to ensure a safe environment for all, Cornell Cooperative Extension has implemented a new system-wide volunteer policy.

All volunteers are required to complete the CCE Sexual Harassment Prevention Training annually. Your program leader/coordinator has provided the tools and instructions to assist you in completing this training. If you are unable to complete it online, you can schedule to meet with your program leader/coordinator at your convenience for an in-person training.

Thank you for your support and understanding of this new state-wide policy. If you have any concerns, please do not hesitate to reach out to your program leader/coordinator or email me (aml355@cornell.edu). We truly appreciate your service to CCE-Monroe and the residents we serve.

Kindest Regards,
Andrea Lista

Please complete this training by October 1st, 2019

1. Watch the 10 minute video [here](#).
2. Confirm participation and understanding of the expectations
3. Forward the completion email confirmation to Susan Coyle at smc226@cornell.edu
4. Report any Sexual Harassment witnessed, experienced, or perceived



2019 4-H Achievement Night

More information coming soon!

With the 2018-2019 4-H year ending, it's time to celebrate the achievements & triumphs of our 4-H members!

Attendees will have the opportunity to turn in 2019-2020 4-H re-enrollment paperwork and payment, to network with other members and volunteers, and to learn more about new clubs.

Activities, including the achievement ceremony, are planned for October. Come and be recognized for all your hard work. Meet new people and have fun!



30 Days of Doing: Calling all Doers!



National 4-H Council is looking for 4-H youth of all ages, educators, leaders, volunteers and parents from our 4-H States and Clubs who have original ideas for fun, educational and/or service-oriented hands-on activities to be featured in Council's brand campaign later this fall.

Do you have a step-by-step guide for growing a bean in a bottle to teach kids about agriculture? Or instructions for organizing a trash pickup day in your community? Or a favorite healthy recipe you make for friends and family?

Submit your idea [here](#) to inspire kids to take part in fun, hands-on learning activities; or, [download](#) this list of 30 fun ideas to do with your clubs and family. Pick one, five or all thirty to get inspired and start doing.





MONROE COUNTY 4-H



NYS Fair Photos

#sharethefair



Youth at the Region 2 Horse Program and Hippology contest. They started at 8am with horse judging and kept going for 5 hours. Topics included anatomy, breeds, knot tying, farrier tools, and more!



Brianna kicked off the NYS 4-H Public Presentations Invitational event in the youth building. She nailed it!



Faith and Hope both claimed Master Showman titles with their Jersey heifers.

Congratulations to Lillianna, Rose, Katie, and Sara who recieved excellent comments on their projects from the state fair evaluators. Yes, that is a Best of Fair rosette on the intricate diorama!





**NATIONAL
4-H WEEK**
OCTOBER 6-12, 2019

**Monroe County
4-H Spirit Day
October 8, 2019**

Break out the Clovers!
It's 4-H Spirit Day, the
perfect time to sport
your 4-H swag!

Share a photo of
yourself all decked out
on Instagram & tag
@monroe4h!

National 4-H Week is the time to celebrate 4-H and spread the word about Cornell Cooperative Extension's exciting 4-H Youth Development Program! Follow Cornell Cooperative Extension of Monroe County on [Facebook](#) & [Instagram](#) for special activities and giveaways throughout the week.

For the 77th consecutive year, millions of youth, parents, volunteers and alumni across the country will be celebrating National 4-H Week during the first full week of October. Join in the celebration by sharing your 4-H experiences with your friends and community! **#National4HWeek**

National Youth Science Week

October 6 - October 12, 2019

This October, 4-H will launch an exciting National Youth Science Day challenge, *Game Changers*, teaching kids, ages 8-14, how to use computer science (CS) to create games, solve problems and engage with topics they're passionate about.

Game Changers uses physical activity and puzzles to teach kids important CS concepts and problem-solving skills, creating real-world connections between computer science and civic engagement, healthy living and agriculture. Although the challenge includes one computer-based and two unplugged activities to help kids learn CS, all can be completed without internet access.. **#NYSD4H**



October 1, 2019

For the past twelve years, 4-H has developed hands-on challenges that shows kids how STEM skills can be applied to the world around them. Last fall, NYSD reached nearly 250,000 kids at thousands of events across all 50 states with the fun, hands-on challenge, **Code Your World**.

National Youth Science Day (NYSD) provides access and opportunity for kids to learn about STEM topics (science, technology, engineering and math) by participating in a hands-on STEM challenge.

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Upcoming Events



Music Monday with 4-H



Who: Youth ages 5-18

What: Explore the science of sound and make some noise with 4-H! Learn how music applies to your life while playing with different percussion instruments. Youth will create an instrument they can take home!

When: Monday, September 16 at 6 pm

Where: Mendon Public Library
22 N. Main St.,
Honeoye Falls, NY 14472



Cost: \$3 per youth

RSVP: Lori Koenick, lbk75@cornell.edu,
by Thursday, September 12th

Cornell Cooperative Extension
Monroe County



2018 4-H Achievement Night

October 2019

The 43rd Annual New York State 4-H Agribusiness Career Conference

Thursday, October 17, 2019, 9:45 AM to
Friday, October 18 @ 2:00 PM

@ SUNY Cobleskill and local agri-businesses.

Registration Deadline 9/10/2018

The conference is co-sponsored by NYS 4-H, the State University of New York (SUNY) at Cobleskill and the NYS Farm Bureau Foundation for Education. This career exploration conference is open to all youth ages 14 and over who wish to become more aware of opportunities with agriculture and also the academic requirements for professional positions available in the various agri-businesses.



Mighty Mondays!

The third monday of each month, 4-H will host a uniquely themed activity in a different location. These activities are open to 4-Her's and the community - so bring a friend!

September: Music Monday



October: National Youth
Science Day

November: Apple and Pumpkin
Baking Creations



December: Service activity:
Festive Holiday Donations

PAPER CLOVER FUNDRAISER

Tractor Supply Company Wed. October 9 - Sun. October 20

Each fall, Tractor Supply helps raise money for 4-H programs through the sale of Paper Clovers in their stores. In the most recent campaign, we raised more than \$1 million nationwide. 90% of funds raised go back to state and local 4-H programs to support scholarships for camp and leadership activities.

Participate at your local Tractor Supply Co. store during Paper Clover.

Contact Susan at smc226@cornell.edu to volunteer to represent Monroe County 4-H at TSC this fall!





4-H Camp Notes



The 4-H Paper Clover campaigns from Tractor Supply Co. and JOANN Fabric and Craft Stores helped provide amazing experiences for 4-H Youth this summer! 4-H camps provide youth with chances to feel belonging, develop independence, practice mastery, and engage in generosity.

Check out what Avery and Erin had to say about their experiences!

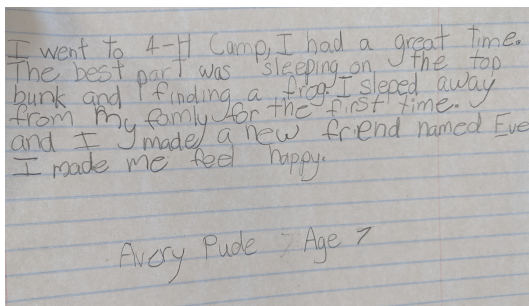
Hi, my name is Erin Zielinski and I loved my 4-H camp! It was so fun and I met so many new friends and counselors. I met people from different country's and people that even go to my school that I didn't know. The people there were very kind, respectful and very fun to be around! I loved how everyone was very enjoyable to be around at the camp and they encouraged you to do things you don't think your capable of. The counselors at the barn, in my cabin/ other cabins, the cooks and everyone there were very fun to hang around and I would love to go again. Thank you for the campership!

-Erin Zielinski



"I went to 4-H Camp, I had a great time. The best part was sleeping on the top bunk and finding a frog. I (slept) away from my (family) for the first time. And I made a new friend named Eve. It made me feel happy.

-Avery Pude, Age 7





Introducing...



Michael Dondorfer Rochester Youth Year AmeriCorps VISTA Volunteer, at the Pittsford Farmers Market

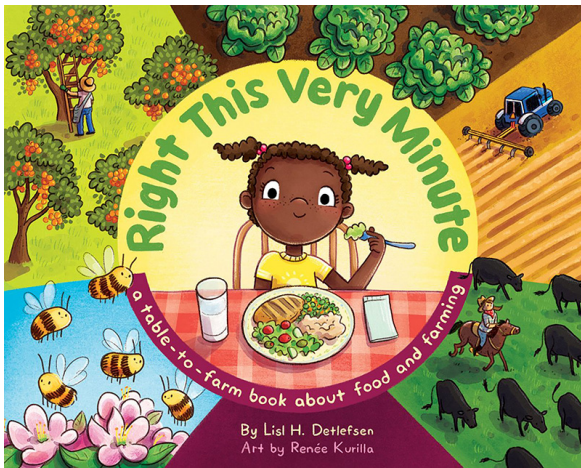
Mike Dondorfer

Hey! My name is Mike Dondorfer and I am the new AmeriCorps VISTA member serving with Monroe 4-H! My goal is to help create and sustain clubs that serve the needs of children and families in the county, primarily in the City of Rochester. I recently graduated from the University of Rochester with a BA in Environmental Studies, where I learned of this opportunity. Outside of work, I like to hike, spend time with my family, and play games with my friends!



Agricultural Literacy Week ... March 16-20, 2020

In celebration of New York agriculture, volunteers throughout the state will read a book with an agri-cultural theme to second graders. Students and teachers will also benefit from hands-on lessons and receive follow up activities. The book will be donated to the school or classroom library with a book-plate recognizing the donor and NY Agricultural Literacy Week. 2,000 books were donated last year while thousands of second graders participated in fun and educational activities.



About Next Year's Book

Right This Very Minute
Written by Lisl H. Detlefsen
Art by Renée Kurilla

We are often hungry "right this very minute" throughout the day for breakfast, or lunch, or a snack. But do you we ever think about what farmers are doing "right this very minute" to ensure we have safe, nutritious and delicious foods when we want them? Right This Very Minute: A table-to-farm book about food and farming connects the foods we find ourselves wanting during the course of a day to the work farmers are doing every day to grow, raise and produce our food. This book will take students on an explorative journey to trace the food on their plate back to its source- the farmer.



Coming Soon...

New 4-H T-Shirts! Check Facebook early in September to vote for your favorite color!



Calendar



CORNELL CHICKEN BBQ

The chicken BBQ is coming up on Saturday, September 21st from 3 to 6pm. 4-H is responsible for a bake sale that day and all proceeds benefit the 4-H Program here in Monroe County.

To sign up to work, click [HERE](#).

To sign up to bring baked goods, click [HERE](#).



September	
1-2	New York State Fair
2	CCE (4-H) Office CLOSED for Labor Day
14	Visit 4-H at the Pittsford Village Farmers Market! We will have an Ag in the classroom hands-on activity!
16	Music Monday at Mendon Public Library
21	CCE Chicken BBQ
October	
1	New 4-H Program Year & Re-enrollment forms DUE!
5	Visit 4-H at the Greece Library How-To Fest
6-12	National 4-H Week; National Youth Science Week
8	Monroe County 4-H Spirit Day
9-20	TSC Paper Clover Fundraiser
17-18	4-H Agribusiness Career Conference
21	Mighty Monday: NYSD!
24	CCE Annual Meeting @ Robach Community Center
27	Halloween at the Market at the Rochester Public Market

November	
2	4-H Science Sampler Day at Cornell U: Ages 5-8, \$5 per youth, 10:30am-5:00pm Contact Susan at smc226@cornell.edu to sign up!
18	Mighty Monday: Baking!
December	
14	Barnes & Noble Fundraiser at Greece Store
16	Mighty Monday: Service Activity!

CCE-MC 4-H Staff:

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Cornell Cooperative Extension Monroe County



Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Cornell Cooperative Extension of Monroe County is supported by public and private funding. Primary cooperating partners are the County of Monroe, the State of New York and SUNY's Land Grant Colleges at Cornell University, and the U.S. Department of Agriculture.