



Cornell University

Cornell Cooperative Extension
Monroe County

2449 Saint Paul Blvd
Rochester, NY 14617
p.585.753.2550 f.585.753.2560
monroe@cornell.edu
monroe.cce.cornell.edu

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For more information, contact:

Susan Coyle
4-H Team Leader
585.753.2550
smc226@cornell.edu

**4-H Hosts Youth Mental Health Conversation
Connecting the Dots addresses youth mental health**

The documentary *Connecting the Dots* will be screened in Rochester, NY on Friday, May 5th at The Little Theatre with a panel discussion to follow. May is Mental Health Awareness Month and this screening and discussion will help to open conversation around this important topic. The panel discussion will feature film director Noemi Weis and local community and youth advocates. This impactful event welcomes all to engage in conversation about youth mental health.

Attendance for the film and panel is free of charge with registration on [EventBrite](#). The Little Theatre, 240 East Avenue, Rochester, NY 14604, will have their concessions open for food and drink purchases. Doors will open at 6:00pm, and the screening will begin at 6:30pm. If you would like to find out more information about the film, visit the *Connecting the Dots* website at <https://connectingthedotsfilm.com/> and register at <https://bit.ly/3Ay5wS9>.

The film team shares that *Connecting the Dots* is the first feature documentary of its kind to offer a raw and intimate look at youth mental health from a global perspective. With heart-felt poignant stories of lived experience, the film exclusively showcases young voices breaking barriers surrounding youth mental health. Through highly cinematic and character driven storytelling, *Connecting the Dots* is emotional, reflective and hopeful. Youth are sharing their experiences and it is time to listen and support.

Monroe County 4-H Team Leader, Susan Coyle shares, "Youth mental health has been declared a national crisis by the U.S. Surgeon General and the local Youth Risk Behavior Survey shows significant mental health challenges are being experienced by young people locally. 4-H is pleased to provide this opportunity for youth and adults to learn more and engage in conversation. We encourage all adolescents and supportive adults to join us to learn more and to become involved in growing hope."

The Monroe County 4-H Program is offered through Cornell Cooperative Extension to the youth of Monroe County. 4-H is a worldwide youth development program open to all youth ages 5 to 19, who want to have fun, learn new skills, and explore the world. In return, youth who participate in 4-H find a supportive environment and opportunities for hands-on or "experiential" learning about things that interest them.

Building Strong and Vibrant New York Communities

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To learn more about Monroe County 4-H programs, visit <http://bit.ly/4hyouthdevelopment>.



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