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Monroe County

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Fuel Your Knowledge: Dive into Nutrition Education!

Cornell Cooperative Extension of Monroe County provides programming throughout Monroe County

Did you know that Cornell Cooperative Extension of Monroe County (CCE Monroe) offers nutrition programming throughout Monroe County?

While our SNAP-Education team supports the City of Rochester, Irondequoit, and Gates-Chili, all of Monroe County is also supported with funding by the Monroe County Legislature ensuring all residents have access to research-based nutrition education and resources. Our County Nutrition Educator, Alyssa VanValkenburg provides a range of workshops and presentations with the overarching goal to give residents of all ages a fun, interactive and educational experience that empowers them to live a healthy and vibrant lifestyle.

A new [promotional flyer](#) highlights our unique program offerings. Offerings can be tailored to your specific organizational needs. We can discuss specific topics or areas of interest related to nutrition and health during our initial planning stage.

Cornell Cooperative Extension of Monroe County has a long-standing commitment to providing community-based educational programming to support the health and well-being of all Monroe County residents.

To inquire about nutrition education, contact CCE Monroe at monroe@cornell.edu or call 585-753-2550.

Building Strong and Vibrant New York Communities

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



Nutrition Educator, Alyssa VanValkenburg holding a Nutrition Presentation for a senior group in Monroe County.

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